



TEAL MEAL Options



Dunkin' Donuts

- OPTION 1 Bagel with Cream Cheese
+ Whole Fruit
 - OPTION 2 2 Donuts
+ Whole Fruit
 - OPTION 3 Bacon, Egg and Cheese Sandwich
+ Hashbrown or Whole Fruit
 - OPTION 4 Sausage, Egg and Cheese Sandwich
+ Hashbrown or Whole Fruit
- + Small Iced Tea, Iced Coffee or Medium Hot Coffee

Chick-fil-A

- OPTION 1 3 Count Chick-n-Mini Combo
 - OPTION 2 Any Breakfast Biscuit Combo
 - OPTION 3 Regular Chick-fil-A Sandwich Combo
 - OPTION 4 8-Piece Nugget Combo
 - OPTION 5 8-Piece Grilled Nugget Combo
- Options 1-2
+ Small Coffee or 22 oz. Fountain Beverage or Water
- Options 3-5
+ 22 oz. Fountain Beverage or Water

Subway (Mobile Ordering Only)

- OPTION 1 6 in. Breakfast Sandwich
+ Chips or Apple Sauce
 - OPTION 2 6 in. Sub (Turkey Breast, Veggie Delite,
Italian BMT, Meatball Marinara, Ham, Tuna,
or Sweet Onion Chicken Teriyaki)
- + Choice of Can Beverage or Bottled Water

Port City Java

- OPTION 1 Choice of Bread, Protein, Egg and Cheese
 - OPTION 2 Any Bagel with Choice of Spread
 - OPTION 3 Any Baked Good
- + 16 oz. Hot or Iced Coffee or Hot Tea
+ Whole Fruit
- *Excludes additional flavor or espresso shots

Hawk's Nest Grab 'n Go

- OPTION 1 Choice of Select Sandwiches
+ Choice of Can Beverage or Bottled Water
+ Bag of Chips or Whole Fruit
- OPTION 2 Select Sushi Roll
+ Choice of Can Beverage or Bottled Water

Convenience Stores

*P.O.D.@Crossing, Marketplace, Pelican Market,
P.O.D.@Union, Veterans Market*

- OPTION 1 Choice of Select Sandwiches
+ Choice of Can Beverage or Bottled Water
+ Bag of Chips or Whole Fruit
- OPTION 2 Select Sushi Roll
+ Choice of Can Beverage or Bottled Water

Jolé Molé (Mobile Ordering Only)

- OPTION 1 Burrito
 - OPTION 2 Nachos
 - OPTION 3 Taco Salad
 - OPTION 4 Quesadilla
- + Choice of Can Beverage or Bottled Water
+ Rice and Beans, Chips, or Whole Fruit

Mooyah

- OPTION 1 Mooyah Cheeseburger
 - OPTION 2 BYO Grilled Chicken Sandwich
 - OPTION 3 BYO Black Bean Burger
 - OPTION 4 Hot Dog
 - OPTION 5 Loaded House Salad with Choice of Protein
(hamburger, chicken, or black bean burger)
- Options 1-4
+ French Fries or Sweet Potato Fries
+ Choice of Can Beverage or Bottled Water
- Option 5
+ Choice of Can Beverage or Bottled Water

Panda Express

- OPTION 1 Bowl - Any 1 Side and 1 Entrée
- + Choice of Can Beverage or Bottled Water
- *Premium menu items not included.

Einstein Bros. Bagels

- OPTION 1 Bagel and Shmear
+ Whole Fruit
 - OPTION 2 Tasty Turkey or Veg Out
+ Chips or Whole Fruit
- + Choice of Can Beverage,
Bottled Water or 16 oz. Coffee



Contact campusdining@uncw.edu with any questions.